

SERVICES & PRICES



STUDIO 39

BY ESTHECOACH



MOVE. RECOVER. SCULPT. RENEW.

WHERE TRANSFORMATION TAKES SHAPE.

Imagined by the founder of EstheCoach, a pioneer in non-invasive technologies in Monaco, 39 by ESTHECOACH represents her ultimate vision of transformation, created exclusively for the refined environment of Club 39.

She believes that true transformation begins when vitality is restored, radiance reawakened, and strength rebuilt — naturally and visibly. At Studio39, we offer a unique approach where cutting-edge technology meets expert hands.

What sets us apart is the synergy between state-of-the-art non-invasive technologies and expert manual techniques, designed to deliver immediate, visible, and lasting results.

Our exclusive Studio39 by ESTHECOACH program is thoughtfully curated to meet the highest standards of transformation, combining precision, performance, and personalization.

OUR PILLARS OF TRANSFORMATION

At the core of every program, our pillars ensure that transformation is precise, personalized, and profound.

EMPOWER Recharge your inner energy and restore structural balance.

PERFORMANCE Enhance recovery and unlock your physical potential.

LONGEVITY Preserve tissue integrity and extend youthful vitality.

REJUVENATION Awaken your glow and restore skin vibrancy.

HIGH PRECISION / FACE

HIGH PRECISION ADVANCED TECH

⦿ PLATINUM HYDRAFACIAL GLOW / WITH BOOSTER 90'

Instantly revive your complexion. Deeply cleanses and reveals a radiant glow, perfect before special occasions or anytime your skin needs a luminous boost.

⦿ OXYGENEO RADIANCE BOOST INFUSION 60'

Awaken your skin's natural brilliance. Gentle exfoliation combined with oxygen infusion unveils fresh luminosity and vitality in just one session.

⦿ RADIOFREQUENCY CONTOUR & FIRM Lower Face / Full Face

Define and lift with precision. Stimulates collagen production to tighten and sculpt for naturally firm, beautifully contoured features.

⦿ LED COSMELEDS RADIANCE BOOST 30'

Illuminate from within. Targeted light therapy energizes the skin, restoring vibrancy and a refreshed, healthy glow.

⦿ PRX CELLULAR RENEWAL PEEL

Transform texture and tone. This next-generation peel smooths, renews, and brightens the skin with no downtime for a refined and radiant complexion.

HIGH PRECISION / FACE

FACE / SIGNATURE MANUAL MASTERY

⦿ LONGEVITY PURE COLLAGEN FACIAL 60'/90'

Flood your skin with deep hydration. Restore suppleness, plumpness, and a youthful glow in this sublime facial experience.

⦿ BIOLOGIQUE RECHERCHE HAUTE EXPERTISE 90'

Balance and perfect. Tailored to your skin's unique needs, this intensive treatment refines, smooths, and reveals a healthy, naturally glowing complexion.

⦿ KOBIDO LIFT 60'

An energizing massage that sculpts facial contours and redefines beauty through natural lifting techniques.

⦿ THE CONTOUR MASTERY FACIAL 60'/90'

Expert deep sculpting and drainage techniques reduce puffiness, restore definition, and reveal the skin's natural radiance.

⦿ PURIFYING GO & GLOW FACIAL 45'

Purifies and balances the skin, leaving it smooth, fresh, and naturally radiant.

HIGH PERFORMANCE ADVANCED TECH

ENDOSPHERES EVOLUTION

75'

A dynamic body treatment designed to smooth, tone, and refine. Using advanced compressive microvibration, Endospheres stimulates circulation, relieves the sensation of heaviness, and enhances skin firmness, revealing a more sculpted, contoured, and harmonious silhouette.

ULTRASOUND SCULPTING FOCUS • 1 ZONE

A targeted sculpting session using ultrasound technology to refine and tone specific areas for visibly smoother, more harmonious contours.

RADIOFREQUENCY CONTOUR & FIRM • 1 ZONE

Define and lift with precision. Stimulates collagen production and tightens the skin for naturally firm, beautifully sculpted contours.

ULTRASOUND & RF BODY FUSION

Melt away stubborn areas. Focused ultrasound and radiofrequency work in synergy to reshape and firm the body with remarkable precision.

BODY / SIGNATURE MANUAL MASTERY

MUSCLE RECOVERY MASSAGE

60'/90'

Unwind and revive. Release deep-seated tension and restore muscular energy following intense physical activity.

PREMIUM DRAINAGE EC-LONGEVITY

80'

A masterful massage combining deep drainage and sculpting techniques to reduce fluid retention, stimulate circulation, and boost tissue vitality. Refines body contours, restores lightness, and promotes long-term firmness and balance.

SCULPTING AND REFINING MASSAGE

60'/90'

A dynamic sculpting massage that smooths uneven texture, enhances circulation, and tones targeted areas, restoring softness, firmness, and harmonious body contours.

DEEP SERENITY BODY RITUAL

90'

Indulge in complete calm with this refined two-step ritual. A gentle skin polish followed by our signature massage uses deeply relaxing techniques to reset both mind and body.

PRECISION SHORT TREATMENTS

HIGH IMPACT SESSIONS

30 min

CRYO EYE REVIVE

Awaken tired eyes and restore instant radiance.

JET LAG BACK RELEASE

Relieve tension and restore energy with this deeply relaxing back treatment.

SCULPT & REFINE LEGS

Boost circulation and enjoy a sensation of lightness in the legs, ideal after physical activity or a long day.

30'

30'

30'

EXCLUSIVE TRANSFORMATION PROGRAMS

Elevate your journey with advanced technologies and expert manual techniques, complemented by our Signature Elixirs for complete and lasting transformation.

EACH EXCLUSIVE PROGRAM BEGINS WITH:

SIGNATURE CONSULTATION & EXPERT PERSONALIZED DIAGNOSTIC
A bespoke transformation plan tailored to your skin and body's precise needs.

ADVANCED TECHNOLOGIES & MANUAL MASTERY
Includes advanced technologies and signature massage or treatment.

SIGNATURE ELIXIR (COLLAGEN RENEWAL OR PROTEIN RECOVERY)
Enhance your transformation from within.

*Multi-week programs are developed exclusively through private consultation to ensure a structured and highly personalized transformation journey.

ADVANCED TECHNOLOGIES

EXCLUSIVE FACE PROGRAMS

⦿ ULTIMATE RADIANCE & RENEWAL

Signature Consultation & Expert Personalized Diagnostic

Advanced technologies + 1 signature facial + LED

Experience the ultimate glow and deep skin renewal. Enhanced with your choice of our Signature Elixir to boost skin vitality from within.

⦿ ADVANCED LIFT & CONTOUR

Signature Consultation & Expert Personalized Diagnostic

Advanced technologies + 1 signature facial sculpting massage or treatment

Redefine facial contours and restore firmness. Enhanced with your Signature Elixir to support and elevate facial structure.

ADVANCED TECHNOLOGIES

EXCLUSIVE BODY PROGRAMS

⦿ SCULPT & BOOST BODY REFINE

Signature Consultation & Expert Personalized Diagnostic

Advanced technologies + 1 signature body massage

Define and reshape your silhouette with a focus on firmness, skin texture, and contour refinement.

⦿ PERFORMANCE RECOVERY & DRAIN

Signature Consultation & Expert Personalized Diagnostic

Advanced technologies + 1 signature body massage

Release tension, stimulate circulation, and promote cellular regeneration. Ideal for active lifestyles and recovery support.

BEAUTY COLLECTION STUDIO 39 BY ESTHECOACH

BECAUSE TRANSFORMATION LIVES IN EVERY DETAIL

○ **HAND PERFECTION**

CLASSIC MANICURE

MANICURE + CLASSIC NAIL POLISH

MANICURE + FRENCH NAIL POLISH

POLISH APPLICATION + SHAPING

FRENCH POLISH APPLICATION + SHAPING

REMOVAL+ SHAPING

SEMI-PERMANENT POLISH

SEMI-PERMANENT + FRENCH POLISH

FULL GEL APPLICATION

GEL REFILL - COLOUR (length based)

GEL REFILL - FRENCH (length based)

NAIL FLASH

EXTRA FRENCH OR COLOUR

○ **FOOT PERFECTION**

SEMI-PERMANENT POLISH

SEMI-PERMANENT FRENCH POLISH

YUMI FEET RITUAL

BEAUTY COLLECTION STUDIO 39 BY ESTHECOACH

ENHANCE AND DEFINE THE NATURAL BEAUTY OF YOUR BROWS AND LASHES.

○ **EYES PERFECTION**

LASHES OR BROWS TINT

LASHES & BROWS TINT

LASHES LIFT / WITH TINT

BROWS LIFT / WITH TINT

BROWS SHAPING

BODY WAXING





HAIRSTYLING WOMEN & KIDS

BRUSHING
BRUSHING ON HAIR EXTENSION
CUT
COLOUR
FULL HEAD COLOUR
TONER
ROOTS
HIGHLIGHTS

FOR GIRLS (< 10 YEARS)
BRUSHING
TEEN'S BRUSHING (10/15 YEARS)

HAIR TREATMENTS

BOOSTER PROFOND
SCALP AND HAIR TREATMENT BR
TREATMENT TOKIO
CRYOTHERAPY
MASK TREATMENTS

BARBER SHOP & BOYS

TRADITIONAL BEARD SHAVING
BEARD OR HAIR TRIM
MEN'S CUT
REGULAR COLOUR
HAIR CUT + BEARD TRIM
MEN'S FACIAL

FOR BOYS (< 10 YEARS)
CHILDREN'S CUT

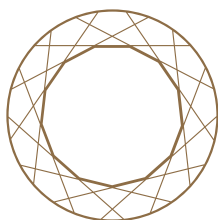
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